Hurricane Press



Volume 1, Issue 1

October 6, 1995

NCHS Headlines the Daily World by Reynard Eaglin,Jr. Part I

North Central Principal Fired
Duplechain named to NCHS, Board
Moves Teacher Out
North Central Opens, Meeting New
Principal
North Central Students Protest Teacher
Transfer
North Central Teacher Transfer Remains
in Place
NCHS Job Actions Protested

Boy! Has North Central made the headlines of the Daily World lately. Over the summer, while most of us were staying out of the heat, Mr. Milton Ambres and Mr. Abul Pitre were feeling the burn of the St. Landry Parish School Board.

In Part I we are going to discuss the board's decision concerning Mr. Ambres, in Part II the transfer of Mr. Pitre, and in Part III student reaction. So let us begin our three part journey of good and bad decisions, politics, and best interests.

On August 10, 1995, the board voted 8-4 (with one member absent) to approve the superintendent's decision to terminate Ambres' contract following a 13 hour public hearing.

The Daily World stated that Ambres, who has been North Central's principal since March 1991 said that he believes the termination of his contract was racially motivated. "If I had been white with the same charges, this would've been a different story," said Ambres. Ambres said that he thinks black employees are judged on a different set of standards. (continued on pg.2)

An Interview With

Mr. Raymond Duplechain by Lashondra Jones



In a recent interview with our new principal, Mr.Raymond Duplechain, I found out what he thinks about North Central.

"I feel very good about it," he says of NC. "The school has a lot of potential and nice people to go with it. I received a very nice reception."

He discussed problems he has had to deal with before and said that there are less of them here. "That is, in part," he said, "because Opelousas High is surrounded by a rather large community, and the auditorium is used by the community for various things."

Since starting at NCHS, Mr. Duplechain has made some changes, allowing five minutes between classes and a split lunch shift. Also, if you are tardy for he first time, you will need an admit slip to get back into class.

Besides being our principal, Mr. Duplechain is a father of three. He is originally from Church Point, La. He is a graduate of Southern University, and he ranked in the top ten in high school. He taught for 18 years in St. Landry Parish. He has coached basketball, football, and baseball before becoming an administrator.

(continued from Pg. 1)

The motion to approve the superintendent's recommendation was made by Board Member Lottie Beebe of District 5, the district which includes North Central High School.In the same article the Daily World quoted Ambres as saying, "I don't know what her (Beebe's) motive was," said Ambres, "but I guess she did what she had to do. I don't know what I did to get out of her favor, though."

Part II Mr. Abul Pitre transferred

The removal of Mr. Abul Pitre from North Central has been the most talked about situation throughout the past month.

During the August 17, 1995 School Board Meeting, Mr. Abul Pitre a certified social studies teacher was transferred to Opelousas High School where he is presently teaching special education

According to an article in the Daily world on August 17, 1995," The issue of the teacher who was transferred, Abul Pitre, caused several community leaders to speak out at Thursday's regular board meeting claiming the decision was based on race."

Luther Hill, president of the St. Landry NAACP, was quoted as saying, "I think the school board either needs to close North Central down or

make the school operate as a school."

Daily world reported that Board member Charles Ross opposed the transfer of Pitre as well as the placement of Duplechain at North Central.

" I think Abul Pitre has done a commendable job at North Central High School, and I don't believe he should be taken out of his teaching area," Ross said. "We are going to get into trouble if we go singling out an individual for whatever reason," he added.

According to a recent article in the Daily World, District 5 Board Member Lottie Beebe, who is the board member for North Central, said that she wanted to clarify that she did not make the recommendation to transfer Pitre and that the superintendent did. In the same article, Superintendent J. Ryan Fontenot said that the reason he made the recommendation to replace Pitre at North Central was based on the following two reasons:

*By law, the board is required to search for certified teachers, and Pitre is being replaced by a certified teacher.

*Pitre was involved in harmful operations at North Central, namely, a recent boycott of the football players.

Part III **Student Reaction**

by Reynard Eaglin, Jr.

When students disagree with the decisions made at school, what do they do? Here at North Central we protest.

The decision made by the school board caused an uproar on Wednesday, August 24, 1995. At 12:45 p.m., about 55 blacks and 10 whites walked out to voice their concerns to the Daily World and television channels: 3, 5, and 10 about their favorite teacher Mr.

The students had posters which expressed their honest opinions about Mr. Pitre. One poster read, "Mr. Pitre has gotten scholarships for our young men," which is true. In the 1993-1994 school year he got a scholarship for David Johnson to attend Alcorn state University. Also, in the 1994-1995 school year he went the extra mile to get Herbert Doucett III a scholarship to Miles College.

Mr. Pitre was a teacher whom all students could relate to on some level or another. He gave inspiration to those who were doing things they shouldn't have been doing, to do things they should. "He brought together the rival comunities of Washington, Melville, Palmetto, and Morrow and taught them there are other ways of getting recognized instead of winning a fight, " said Shawna Offord. Mr. Pitre encouraged student involvement in the Black History Quiz Bowl, Social Studies Fair, in academics as well as in athletics. "Mr. Pitre did nothing that did not benefit the school," said Franchesca Gordon, a senior. Alicia Bowman also a senior added, "Mr. Pitre was more than qualified to teach the students. I feel like the school board should listen to the students and quit putting people in positions they are not qualified for."

The board's decision was "totally unacceptable," according to Parent-Teacher organization President Rev. Dale Fontenot. "We wanted to start the year off in a positive manner, but we were slapped in the face today," he said.

Slapped in the face is an understatement. The school board sets up a school, throws in communities from Morrow, Melville, Palmetto, and Washington, gives us stepchild treatment, and removes a positive inspiration and role model. Punched in the face is more like it.

Despite the protests, meetings with the school board, and student organized walkouts, Mr. Pitre is still at O.H.S. teaching special education. Has the school board won? Well, it's not over 'till the fat lady sings and she's still catching z's.

Teen Institute by Byrd Adams

Teen Institute is a week long conference held the weekend of July 23-28. Each year the conference is held at a different college across the state of Louisiana. This year it was held at Louisiana Tech University in Ruston, Louisiana. The Teen Institute experience includes emphasis on self-esteem, positive peer relationships, leadership skills, and education on the effects of drug, tobacco, and alcohol abuse. It has grown annually from 150 youth participants in 1991 to 400 participants in 1995.

Team leaders were selected from each region. North Central was listed in Region IV along with other schools from St. Landry, Lafayette, Iberia, and other parishes statewide. Team leaders selected from our region were Mrs. Linda Haynes and Mrs. Melanie Doucet. They had to be at least 25 years of age, willing to make a commitment to provide support and guidance to planning and delivering the prevention programs, and they had to be someone familiar with the local school systems.

Two sophomores, three juniors, and four seniors from North Central participated in this conference. Marcus Blueitt and Byrd Adams were the sophomores representatives. Joseph Doucet, Daphanie Duplechain and Sharonda Randallwere the junior representatives. Daphanie was voted on the TI staff this pass summer. Mervin Cane, Rheadacia Thomas, Raven Rideau, and Ledricika Johnson, all seniors, will probably be going back next year as college advisors.

Students who attended this conference had to make a commitment to serve as an active team member and plan and deliver alcohol and drug abuse prevention programs. They also had to be in grades 10, 11, or 12 during the 1995-1996 school year currently earning passing grades with good leadership potential. While on campus, they were placed in separate dormitories. They were not allowed to leave without permission from someone in charge.

On campus students attended classes for three days, getting education on drug, tobacco, and alcohol abuse. These classes included: FAE/FAS Education, Operation Prom/Graduation Campaign, Red Ribbon Week and 3-D Prevention Month, Self Esteem Building, AIDS Education Week and others. To afford the crowding of classrooms each region took class with people from their region and their region only.

Besides classes there were other activities planned for the week. These included music, mass media, drama, and movement. A picnic and recreations were planned also. Recreation was either swimming, skating, basketball, or other choices.

Those students who participated in special Interest groups had to take part in TI (Teen Institute) Live, which was held Thursday before the dance later that night.

Friday was a sad day for some but glad for others because it was Closing Ceremonies' Day. It was time to say good-bye to new and old friends. After closing ceremonies were held that morning, everyone packed up their belongings and said their final good-byes.

'95-'96 Publication Staff



Hurricane Press Staff-Shemika Vaughn, Reynard Eaglin, Jr. Brandi Vaughn, Lashondra Jones, and Byrd Adams.

Best Friends

by Byrd Adams

Emma Adams, Matasha Thomas, Marlo Tezeno, Shamon Mason, and Eugena Washington have been friends since they first met in fourth grade in Melville Elementary School. When one of them depended on the other, she was always there. If a conflict came between them, they never let it affect their long-shared friendship. They always talked their problems out and share a bond which they say no one can break. They never let anyone or anything come between them, and for this reason they are best friends to this very day. One last thing..... They would like to mention that they are graduating class of 1999. Good luck in the future!



Time-out With Hurricane's Head Coach

by Reynard Eaglin, Jr.

Another football season has begun and North

Central High Hurricanes are ready.

At the Jamboree Westminister was made shame by a score of 21 zip. The Hurricanes also shut out Davidson, Sacred Heart, Catholic P.C.,and Northwest. The Hurricanes proved to these teams that you can benefit from your mistakes. Although they lost to Basile on September 15, 1995, Coach Fontentot says he feels that the team has done real well. "The players are more willing than in the past," he said. When asked about what directions the team was headed for, Fontenot said, "As a team we would like to have a winning season, win district and get into the playoffs."

I asked Coach Fontenot what he hoped to accomplish as a coach, He said, "School pride, unity for all the students that might want to play in the future. I would like to see my team in the playoffs so they could feel the excitment of a playoff game."

Coach Fontenot says the downfall of the Hurricanes is the "lack of players." "More young men are needed, I'd like to invite everybody to give it a try next year," he said.

Hurricanes 4-1

Sept. 1 NCHS / Davidson 28 - 0

Sept. 8 NCHS / Sacred Heart 18 - 0

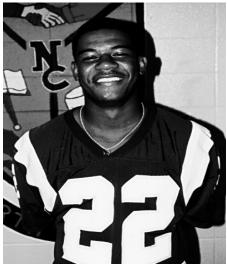
Sept. 15 NCHS / Basile 0 - 34

Sept. 22 NCHS / Catholic P.C. 16 - 0

Sept. 29 NCHS / Northwest 26 - 0

Profile

by Brandi Vaughn



Marcus Duane Blueitt #22

Marcus Bluiett a sophomore this year at North Central High School, is one of our football players. He is expecting a great football season. He plays football just for the love of the game. Basically, Marcus feels that it's a team thing. In the first three games, Marcus has made 5 touchdowns, kicked extra points, and had a 2 point conversion. He is also the team leading receiver. The pressure of the game used to affect him, but now he feels that the key is just to think about winning and to keep a clear head. In the past, Marcus says that he was only worried about football, so he would only get by with a 1.5 grade point average. But now he knows that the books are more important. Without the grades you are nowhere. Marcus believes it is very important to think about an eduction, because without one you are nowhere. Looking forward to his future, Marcus's plans are to go to college and play football.

Fredrick Aaron Jenkins #1

Fredrick Aaron Jenkins #1, a sophomore at North Central High, is our starting quarterback. He is expecting a great football season. He plays football for the love of the game, and that's why he enjoys it. So far this season, Frederick has had five touchdown passes and 449 yards passing in the first four games. Fredrick feels that if he does well enough, it could really become a career. He would like to go to the pros. He's also planning on getting a scholarship, but he feels he is not really depending



on it. He also feels that playing football attracts many fans, mostly girls, but for him it's a one "woman thang". He doesn't let personal life interfere with the game. He feels the game takes his mind off of home problems. During the game the main key is to think about winning and play to win.He feels

you also need an education. It's a down into the "brain thang" better known as books. He feels if you get hurt you may not have football but a good education.

A.R.E.

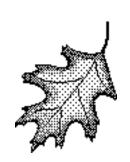
by Shameka Vaughn

A.R.E. stands for Accelerated Recovery Education which is a second chance for students who have not been achieving in the normal school setting. This program has been in effect for four years. It helps any student ages 13 through 17 who has failed two or more years with academic capabilities. These students come from Morrow, Palmetto, Melville, and Washington. Students enter the program to get another chance to advance themselves to their proper grade level. Through this program students can advanced from 5th to 7th grade,6th to 8th grade, and also from 7th to 9th grade. This program can be made interesting most by students who are interested in learning and their determination to succeed.

This program has been positively progressing because more sites have been added at Eunice and Beau Chene . It is excelling in many areas and many students have successfully been placed in their proper grade with good learning abilitiesThere has been a few weaknesses in the program during it's four years such as lack of computers, funds, and not being financially able to take the students on class field trips.

The program has been successful, is successful, and will continue to be successful. Parents and teachers are realizing that if a child is provided with a different environment and is given the opportunity to learn new behaviors, develop positive self-esteem, and be provided with guided and independent learning experiences, that a child can meet with academic success as well as develop socially and emotionally.





Happy Halloween!





Club News

by Byrd Adams

FHA(Future Homemakers of America Theme: Invest in Youth

FHA had it's first club meeting on September14,1995 in Mrs. Hayes' sclassroom. There are 20 members present now. Dues are \$8.50 and to be paid to Mrs. Hayes. Only Family and Consumer Sciences students may join. FHA is looking forward to a great year. They are planning to attend the parish, district, and state meeting. The parish meeting will be held in Lakes Charles and the state meeting will be in Baton Rouge. This year FHA's Star Event will be held at North Central.

SAPE' (Substances Abuse Prevention Education)

SAPE' had its first club meeting on September 14,1995 in Mrs. Haynes 's classroom . Dues are \$5.00 and to be paid to Mrs. Haynes by the week of October1. Anyone interested in joining must be willing to help people of their community understand the effects of drugs and alcohol abuse. Trips are being planned but where has not been decided.

4-H (Head, Heart, Hands, and Health)

Dues of \$3.00 are to be paid to Mrs. Beard by October 5, 1995. National 4-H week is week of October1-7.

Senior Beta

Beta is a non-profit organization for grades 9-12 .Senior Beta is strictly by invitation . A National membership fee of \$10.00 is paid only once after you join. Beta is for someone with good character, good leadship skills, and willing to do charitable work for a non-profit organization. The school determines the grade point average, but you should have at least a 3.0 or better.

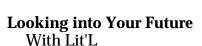
FBLA (Future Business Leaders of America)

Students interested in joining FBLA must be in a business class, or have taken one . Membership fees are \$10.00 and must be paid to Mr. Porche by September 28,1995.









Capricorn: 12/22-1/20

That sizzling summer romance (or crush) of yours will fizzle faster than you can say "back to school." But it's for the best since he probably wasn't exactly meet-the-parents material anyway, what with his who-cares attitude (what were you thinking?). It may be a while before you "go steady" again, but this year you'll make friends with guys who will teach you stuff about romance that no boyfriend ever could.

Aquarius: 1/21-2/19

The time is right for you to ask out that guy or girl you've had a crush on for the last five years, so get on the ball. Meanwhile, someone you thought was your friend will turn out to be not-so-well-meaning after all. So be careful.

Pisces: 2/20-3/20

Now' a good time for you to hang loose with friends instead of being all tied up with school work. Take a break because you're going to need it. This may be your lucky day.

Aries: 3/21-4/20

You're about to make an unexpected friendship with someone (the new kid in your class maybe?) who will teach you about something totally random, like Sanskirt. Holding your ground this month--especially when your other friends give you a hard time--will make you feel in control of your life, which, by the way, will start to get pretty interesting now that you've decided to accept every single invitation you get.

Taurus: 4/21-5/21

An older relative or family friend needs you to listen to a problem and give her some advice, even though the advice you give won't be put to work. If a situation occurs, just be man or woman enough to walk away. Cause it ain't worth it.

Gemini: 5/22-6/21

Though Geminis are known to be total guy magnets, it may seem like all your friends have been getting more and better romance action than you recently. This month you will definitely be the focus of some male attention--the only problem is, it's probably from the one guy you're not interested in at all. Watch out or he'll get the wrong idea (no he can't take a hint) and think you like him back. Better to run in the opposite direction before he gets superclingy and cramps your style.



Cancer: 6/22-7/23

This month Crab girls will probably feel a little, well, crabby: A group or a bully is likely to single you out for some kind of abuse. In the good-news department, the last week in October will be more upbeat (and there might even be a hint of romance for you).

Leo: 7/24-8/23

You must be enjoying your stint as Queen of the Jungle-this month Leos attract guys galore, and your Halloween party is the happening place to be. Still, even the most brave-hearted lion girls are feeling kind of cowardly now. Maybe a relationship you're in is moving a little too fast, or your homework is more overwhelming than you'd anticipated. Confiding in pal (Aries?) will help you figure out how to cope.

Virgo: 8/24-9/23

One of your good friends is in desperate need of an attitude adjustment. Unfortunately, you're not the one to let him or her in on that fact--he or she has to figure it out for theirself. Better to focus on the gut or girl you've had a crush on for a while, because he or she's starting to pick up on your not-so-subtle hints. Keeping the drooling to a minimum is likely to be rewarded soon.

Libra: 9/24-10/23

This is a time of big decisions for Libras, and thanks to some prodding by forceful friends, you're ready to take on an active role in making them. In fact, now that you're brimming with confidence, you may actually take on some sort of leadership position. At the end of the month, you'll need to take a leap of faith in helping your friends or family to be trustworthy of you.

Scorpio: 10/24-11/22

A new friend will remind you that even sophisticated Scorpio chicks can have a good time frolicking in the beautiful fall foliage. Mid-month you'll find yourself in a weird situation with one of your old friends. If

you're patient, the truth will emerge. Meanwhile, someone whose opinion you care about is thinking how cool you are.

Sagittarius: 11/23-12/21

A phone call is about to reveal some juicy information that will surprise you ("She said what?"). Also, even though you're usually the type to buck a trend, the fashion bug has bitten, and you'll want to shop 'til you drop--big bucks that is. Saving money will be the farthest thing from your mind this month, but luckily, Sags are in for a visit from the cash fairy.

Teen Lament - Ann Landers

The new morality-and freedom! From classes-what a drag From Mom and Dad-always arguing. From Homework-senseless hours. From discipline-useless. From church-a bore. From conformity-a hang-up. I'm my own woman now. Made so by one decision. One hour of love and pleasure. Free now to look at my cheerleading sweater hanging in the closet. My books and basketball schedule resting on the shelf. My material for a prom formalnever made-as it sits amid the remnants of the fabric left over from my maternity tops. My medals from band and choir, Forsaken in the clutter of a jewelry box My friends passing by my window, Laughing over the gossip column in the school newspaper. And giggling over who will be the next to experience The new morality-and freedom! For cleaning-what a drag! For him-always arguing! For ironing-senseless hours! For dishes-useless! For cooking-a bore! For sex-a hang-up! Oh God if you are there, Please let someone take this crying baby off my hands.

And let my feet dance once more.

I am so old. And I was never young!!!!!!

by Shemika Vaughn
pregnancy has been very comm
to the fact that everyone make in

Teen pregnancy has been very common in our area, due to the fact that everyone make mistakes. Although many teens feel like their becoming pregnant is not always a mistake. Some teen pregnancies are planned after having careful consideration with their partner or father figure. Therefore if they are in a situation where they feel they have made a mistake, most teens realize that it is not very easy and they happen to learn from their mistakes. As an individual, I feel that young mothers who carry on with their responsibilities and don't give up deserve the utmost respect as a mother. I feel the same towards young men who accept the role as fathers.

Inexperienced

A Creation by Raven Rideau

A seed is planted ready for birth And now holds a part of God's precious earth.

The light shines upon it, from rain it is wet. It grows all day until the sun sets.

The seed takes root deep below the ground. You cannot see it, it makes no sound.

It has no worries, only one goal in mind, To bring joy to someone and leave a memory behind.

Out of the ground many shall sprout. There is a definite beauty within, no doubt.

A small round bud appears from the stem With careful nourishment to each and every limb.

What will appear is the patient uncertainty And the force within to at last be free.

Everyday counts, unfolding into birth. It is precious and limited with very special worth.

And a single beam from the sun's light Makes possible this marvelous sight.

The tiny bud has blossomed, now God is done With work so creative, my attention He has won.

What is so radiant that none could oppose The sweet and tender feeling to behold a ROSE!

FACT: Each year some half a million teenagers give birth, and 1985 and 1990, the birth rate jumped from 51 to 60 % for every one thousand teenage girls.

Comments From NCHS Seniors

Experienced

by Bernadette Chambers
There is a lot to be learned and only a little
time to learn it. Females need to know themselves
and know that they are worth more than they think.
Just as their bodies are sacred enough to bear a child
also it is to be waited for. TRUST ME!! I had to learn
the hard way and it is not easy. But with the
knowledge and pursuit to make a headway for
myself and my child, I am already traveling in the
right direction. So to you don't give up and feel
you've failed. Instead do it the right way, and know
that waiting is the only right thing to do when the
problem is only going to be only on "you".

THOUGHTS ABOUT O.J.

by Lashondra Jones



For the past year, the O.J. Simpson trial, known as the trial of the century, has been in the news daily.

This has been the most talked about trial in history. Everybody is talking about it, and it is still being talked about, so I decided to ask some students, teachers, etc. at NCHS their opinions about this subject.

I started off with my publications teacher, Mr. Martel. He stated, "O.J. Simpson should be considered innocent until proven guilty."

My next victim was a student by the name of Jessica Dye. She felt that he did do it. She said, "There's too much evidence against him. Besides, if he didn't do it, then who did, and why aren't they trying to find them?"

I moved on to my friend Reynard Eaglin. He stated, "I just hope they judge him not by race, but by facts and evidence."

From my next student, Howanda Offord, I got: "He didn't do it. The reason why is because the evidence was not solid enough to convict him for something so brutal."

Shawna Offord added, "If he was guilty, he would have went crazy from all of the pressure."

Mr. Fontenot said that he thinks a lot of the evidence points toward O.J., and that he has doubts about the policemen.

Mrs. Dixon stated, "He is guilty and he has enough money to get away with it."

Mr. Porche included, "I'll be glad when it is over with."

Mrs. Ester Johnson stated, "I think it was an unfair judge and denies O.J.'s lawyers the right to certain tactics that to prove him innocent--a man that is fighting for his life."

In conclusion, I Lashondra Jones, feel that he is innocent and should not be convicted of this horrible crime.

Update-O.J. Found Innocent

On October 3, 1995 O.J. Simpson was acquitted of the murders of Nicole Brown Simpson and Ronald Goldman.



I've Watched by Ruby Holden

I've watched pollen from plants, it drips So do the lies from your lips.

I've watched silent tears, they fall but have you noticed them at all?

I've watched broken hearts melt away I've watched aspirations for a better day.

I've watched the lies you so boldly spread I've watched myself wish I were dead.

I've watched the dress of my mother, tattered I've watched her dreams as they were shattered.

I've watched visions of my father fade I've watched the process in which you were made.

I've watched everything you see . . . I've even watched you watching me.



Shot-outs by Byrd Adams

Hi, I'm Emma and I would like to give a shot-out to my boy Marcus number #22 on the football team. Keep up the good work.

Hi, I'm Lit'L and I would like to give a shot-out to number #58 on the football team. I would like to say you're looking good. Keep up the good work.

What's up my name is Markisha and I like would to give a shot-out to #35, I love you.

What's up my name is Natalie and I would like to give a shot out to #1, Jenkins. Derrick Robinson #3, Marcus #22 and to Larry Rue, my baby-stay sexy.

What's up my name is Theresa. I would like to give a shot out to Eric Nelson, keep trying to get a record deal.

What's up my name is Cordese and I would like to give a shot out to Mervin #48, Marcus #22, Derrick #3, and Micheal #84.

What's up my name is Marcus #22 and I would like to give a shot out to my baby Byrd Lee.

What's up, I'm Byrd Lee and I would like to give a shot out to my sweetheart Marcus #22, I love you. And to my neices Emma and Angela.

What's up my name is Marlo and I would like to give a shot out to #22 Marcus and Stanley Nevills.

I'm that tall, smooth brother, R.E.J., and I would like to give a shot out to my girl Ruby Holden, my brother Gerren, and the upcoming senior class of 1997.

You gotta be down to be with me my name is Brandi V. I would like to give a shot out to #1, #22, #40, and my boy Kenny.

Hi, I'm Shemika Vaughn, everybody'sfriend, I'd like to give a shot-out to all my friends and the senior class of 1996!!!

Good Luck 'Canes!

Bring Me Your community coffee labels. Thanks! Mr. Martel



Get Steppin"

By Reynard Eaglin

You take your licks and much more. You've been knocked down on the floor. The strikes you take are too much to bear. Were your friends there?

Your pride has been disgraced.
Lies have been told, but not to your face.
Times have been rough.
The going has never been so tough.
It makes you wanna scream enough is enough!

You give all you've got; You'll even scrape the bottom of the pot. They take credit for your best shot. To move into your spot. . . forgot?

You are there to listen when everyone else is gone. You always do right by them, but they never fail to do you wrong.

> You give freely; They take in vain. You change completely; They stay the same.

Your stuck like chuck and your back is against the wall. You stumble, you trip, you fall, and they act like they don't know you at all.

So what is there to do with people like this? Act like you know and stop being "dissed".

You got to get up, stand up, for your right.

Take your pride to another height.

Be the one you want to be; express yourself live life worry free.

To get even you don't need a weapon, tell 'em like Martin

Get 'ta steppin'.